

# Carlisle Area School District April Nutrition Newsletter



## What's Shakin in Dining?

This month's Discovery Kitchen focuses on utilizing the entirety of a product. For example, the Broccoli Slaw uses the florets and the stem. The Citrus Salad uses up a variety of ingredients throughout the kitchen.



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National Grilled  
Cheese Day

LET'S GET  
CHEESY

April 12<sup>th</sup> Rain or Shine



April 16<sup>th</sup> Rain or Shine

chartwells  
serving up happy & healthy

## A Reason to Celebrate!



### April 4: Burrito Day

Everything is better in burrito form, and you don't want to miss our National Burrito Day cafeteria special on April 4!



### April 4: National Carrot Day

Enjoy Cinnamon Glazed Carrots at the Elementaries.



### April 11: Global Eats-

Korean Chicken Bulgogi Tots

## LET'S GET CHEESY

### April 12: National Grilled Cheese Day



### April 22: Earth Day

Join us in the cafeteria on April 22 as we celebrate Earth Day!



### April 26: Stop Food Waste Day

Take the pledge to #stopfoodwaste! Come to the cafeteria on April 26 to help us celebrate Stop Food Waste Day!



### April 30: National Raisin Day



Secondary 18<sup>th</sup> Beet, Carrot, Apple, Citrus Salad

Elementary 17<sup>th</sup> Broccoli Slaw



# Better Together

At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring students leave the cafeteria happier and healthier than they came in. We all have the same goal –delivering the best foodservice possible. Meet some of our team members from across the district.



## Team Letort

L-R Courtney Fetter,  
Jamie Shumberger  
(Lead)



## Team Mooreland

L-R Jennifer March,  
Merry March (Lead)



## Team Bellaire

L-R Raquel Torres, Betty  
Kidd, Pat Seibert, Rachel  
Risbon (Lead)



## Jenni Beltz

Jenni has been running the McGowan kitchen for over 12 years. Prior to this, she owned a restaurant in Chambersburg and worked at Chambersburg Area School District.

Jenni loves to tend to her garden in her free time at home. She is proud to grow what she eats and she loves to share her love of growing food with others. Jenni is always bringing new things for her coworkers to try or grow at home.